

“Practicing without Problems”

the Programme

Workshops

- Mental Training (all instruments)
- How to use the book “Practicing without Problems” in a proper way

Individual Coaching

- for students
- for professionals
- for teachers

*Workshops and coaching can be given in English,
German or Dutch*

Information :
www.gustorff.com

Contact Michael Gustorff :
+ 31-(0)26-445 30 58